

**Saratoga County Prediabetes Coalition**  
**Meeting Minutes: October 25, 2016**

1. Welcome and Introductions (See attendance sheet, 1 attendee called in.)
2. Recap of First Meeting: Minutes were sent via email prior to today, will be resent.
3. Review of Agenda for Today's Meeting
4. Overview of Interventions Identified at First Meeting (See handout.)  
PAM Coaching = Patient Activation Measure (DSRIP term)  
3 focus areas: Awareness and Education, Service Provision and Access.  
Focus of each area and example interventions reviewed.
5. Attendees divided into two groups to classify example interventions for each focus area based on the amount of resources necessary to implement and the potential impact on the target audience.
6. The two groups then were asked to prioritize two strategies to move forward with based on the first exercise. The identified strategies will be used to focus coalition activities and the development of mission and vision statements.
7. Each small group summarized its work. Main points follow.
  - A) Awareness and Education
    - a. Identified need to educate food pantry staffs and donors about healthy food options. Discussed "Nourish Your Neighbor" Program in Albany County through Eat Smart NY of the Capital Region, which uses posters and shopping donation bags to encourage healthy donations to food banks and pantries. The group suggested that they initially target local EOC locations and other food banks and include churches.
    - b. Identified need to educate the public about making healthy donations to food pantries. Thought local radio PSA's (Diane Whitten, CCE) and a possible spot with Channel 9 News (Marcie Fraser) would be effective at getting the message out.
    - c. The point was raised that this project is time-sensitive with the holidays coming up. It was agreed to convene a small group to work on this initiative on **Thursday, Nov. 3 at 12:00, same location**. Group will look at Eat Smart Program and evaluate feasibility of using it, even on a smaller scale initially.
  - B) Service Provision and Access (combined groups)  
Identified need to educate people with prediabetes about the disease, how to prevent the development of diabetes and local resources to support their efforts. Discussed creating an education packet containing a cover letter from the Coalition, evidence-based resources about prediabetes and a list of local resources. Meetings would be held with front office staffs at physician offices to show the packets and encourage them to distribute to patients with prediabetes for their review while in the office/reception area waiting to see their providers. High school students looking for community service hours could be enlisted to assist with assembling the packets. Timeframe: identify resources to include in packets by end of this year, begin to meet with offices and implement distribution in Q1 of 2017 with goal of completing most of the distribution by the end of Q2 to avoid meetings in the summer months.
8. Meeting adjourned at 1:00. Next meeting of Coalition is **Nov. 29 at 12:00 at 59D Myrtle Street, 2<sup>nd</sup> floor conference room**.